

MASSAGES

SOFT MASSAGE

Our signature massage perfect to enhance your energy and vitality 60/90 min 230/320.-

SPORT MASSAGE

A deep tissue massage that helps to restore the balance of the muscles, tendons and joints after sport 60/90 min 230/320.-

DE-STRESS MASSAGE

A medium-pressure massage for intense relaxation 60/90 min 230/320.-

ALPINE STRETCH & OIL MASSAGE

A deep tissue massage with stretching will help to reduce discomfort and tension in the muscles 90 min 320.-

THAI MASSAGE

Massage that uses targeted pressure to relax, boost circulation, and relieve tension 90 min 320.-

MOTHER TO BE

For women in their second and third trimester of pregnancy. This massage relaxes and relieves tensions 60/90 min 230/320.-

TAILOR-MADE MASSAGE

Personalize your massage. Choose the areas to treat, the intensity and the pressure 60/90 min 230/320.-

BODY RITUALS

Dr Burgener Switzerland

LEGS SLIMMING RITUAL

The Cryofit wrap based on camphor, menthol and essential oils, helps to burn fats and improves circulation 60 min 220.-

ANTI-AGING RITUAL

This elixir of youth uses grape pearls, a powerful antioxidants. A scrub is followed by a grape body wrap and a relaxing hydration of the ski (30') 90 min 295.-

DETOX RITUAL

We start with a scrub using purifying salts from the Swiss Alps to improve blood circulation, followed by a remineralizing wrap with Fucus algae and a relaxing massage with our precious body oil to restore skin balance 120 min 390.-

FACIALS

Dr Burgener Switzerland

GOLD & GREEN CAVIAR

A regenerating booster that combines ultrasound waves for a deep stimulation of the cells with an intense dose of green caviar and the antioxidant power of gold 90 min 390.-

LIFTING & FIRMING

The ultrasound waves boost the natural collagen and elastin production. The result is a firmer, smoother, more even complexion with a firming effect 90 min 390.-

NOURISHING or PURIFYING, VITAMIN C

This treatment is recommended to eliminate impurities, decongest and tight the pores or hydrate the skin or work on luminosity and hyperpigmentation 60 min 260.-

ANTI-AGING FOR MEN

A treatment specially designed for men to purify, treat and stimulate the epidermis. The application of hyaluronic acid helps to restore the skin 60 min 260.-

Esse®

ESSE® EXPERIENCE

A bespoke facial that harnesses the power of advanced pre and probiotics to improve the skin's microbial balance 60 min 230.-

LIVE PROBIOTIC EXPERIENCE

The ultimate treatment to elevate your skin to a whole new level with live probiotics and to address the signs of ageing by restoring microbial balance and rewinding the skin 90 min 310.-

ENHANCEMENTS

HYDRA FILLER MASK 25.-

ESSE® TREATMENT CAPSULE 25.-
Hyaluronic, HydroBoost, Clarifying, Glow, Intense lifting

INSTANT EYE RADIANCE PATCH 25.-

CRYOTHERAPY SESSION 60.-

FEEL GOOD

CRYOTHERAPY

The cold is used for therapeutic purposes. The treatment of the whole body at a temperature of -110°C for a period of 1,30 min up to 3 minutes stimulates the autonomic nervous system
1 Session: 90.- / 10 Sessions: 750.-

FIT & WET AREAS*

Access 2 hours in winter - December to April 90.-
Access 3 hours in summer - May to November 70.-
*Access included with a 60 min minimum treatment

YOGA & PILATES

Private class, one hour for one or two people* 140.-
From 3 people or more, upon request*

COACH FITNESS

Personal training, one hour session, one person* 140.-
Personal training, one hour session, two people* 170.-
*Reservation 48 hours in advance is required

ADD-ON

Enhance your Spa experience with extra options to your treatment.

FOOT REFLEXOLOGY

To recover your energy and well-being 30 min 135.-

ESSE® EXPRESS FACIAL

This personalized facial is designed exclusively to provide maximum results in minimum time 30 min 135.-

HYDRA FILLER MASK

The moisturizing effect of hyaluronic acid and collagen rejuvenates the skin. The result is a fresh and soft complexion 30 min 135.-

BODY EXFOLIATING PERFECT SKIN

Suitable for all skin types, It eliminates impurities, stimulates blood circulation and firms the skin. The polyphenol in grapes fights free radicals 30 min 135.-

BEAUTIFUL EYES

ACTi flow combined with wazel extract to reduces eye contour fatigue. The eyes are relaxed, with a pleasant sensation of freshness 30 min 135.-

PACKAGES

JET LAG

50 min 225.-
Full body cryotherapy session, 3 minutes
Light legs massage, 45 minutes
Access to FIT & WET areas

GLAM by ESSE®

2 hours 415.-
Massage of your choice, 60 minutes
Esse facial, 60 minutes
Access to FIT & WET areas

YOU 2

4 hours 795.-
Enjoy this unique treat with your +1
Massage of your choice, 60 minutes
Dr. Burgener facial, 60 minutes
Two glasses of champagne
Access to FIT & WET areas

LOOK YOUNGER

3h30 695.-
Dr Burgener Switzerland
Scrub & detox body wrap, 60 minutes
Massage of your choice, 60 minutes
Gold & Green Caviar facial, 90 minutes
Detox juice / water
Access to FIT & WET areas

Using sauna or steam room is recommended prior any ritual or treatment

SPA ETIQUETTE

Changing areas. You are welcome to use dressing rooms either before or after your treatment. Lockers are available for your personal belongings.

Outfit at Le Spa. For your comfort, we will provide bathrobe and sleepers. You are requested to wear a swimming suit during your stay at Le Spa. During the treatment, you can either wear your underwear or our therapists will provide disposable underwear.

Security. Children under 16 years of age will be accompanied by an adult. For health and safety reasons, access to the sauna, steam baths and jacuzzi are strictly reserved for adults above 16 years of age. It is highly recommended to avoid any alcohol consumption before and during your stay at Le Spa.

RESERVATIONS

Walk-in appointments are welcome, however guests are encouraged to make arrangements in advance. All reservations must be secured with a credit card. You are kindly requested to inform us about your state of health when making your reservation (pregnancy, high blood pressure, heart conditions, allergies).

ARRIVAL AND CHECK IN PROCEDURES

We request your arrival at least 30 minutes prior to your treatment time, providing you with ample time to check-in and prepare for your spa experience. Should your arrival be delayed, please note that your treatment time will be reduced accordingly so that we may serve the next guest on-time. Late arrival will still result in full charge for your requested service, even though your actual treatment time may be reduced. We request that you do not bring jewelry or valuables to your spa experience. Le Spa is not responsible for lost, stolen or misplaced items.

CANCELLATION POLICY

Your reservations require that we schedule a Spa Talent and hold appointment times just for you. As a courtesy and to avoid full charges, we require a 24-hour notice should you need to change or cancel your reservation.

OPENING HOURS

Winter

SPA & WET: 9:30am - 8:30pm

FIT: Open 24 hours with card access

Summer

SPA & WET: Mon to Fri: 11am - 8:30pm

Week-end & public holiday: 9:30am - 8:30pm

FIT: Open 24 hours with card access

Prices are in CHF. Tax and service charge are included

Treat your family and friends with a Gift Voucher!

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W VERBIER

Le Spa

MENU